



Welcome!

Welcome to The Spa on Green Street Chinese Medicine Program! Your initial appointment will last 1 hour with follow-up appointments lasting about 45 minutes. While it is possible to get significant results after one or two treatments, most cases take longer. In general, the longer you have not been feeling well, the longer it takes to treat. I typically suggest starting your treatment plan with two treatments per week for 3 to 5 weeks, and then having an open discussion with you about continued treatments based on your progress and feedback. Once you are stabilized, it is suggested to come in for a "Tune Up" treatment with the change of each season. The idea is to get you in balance, and then keep you there. We will discuss your plan further during each treatment. For your comfort, we suggest wearing loose fitting, comfortable clothing during your session.

The cost of the initial treatment is \$175.00 with subsequent follow up treatments at \$90.00, plus the cost of any herbs or supplements if prescribed. Payment in the form of cash or check is preferred, though all major credit cards are accepted for your convenience.

If for some reason you need to change or cancel appointment times, please allow 24 hours' notice. The Cancellation Fee within 24 hours is \$50. Completely missing the appointment without any notification is charged the full amount of the appointment. This allows for our best availability and care for all our patients.

Should you have any questions, please contact us at (678) 450-1570 We look forward to meeting you!

In Health,

Steven Collins, DAOM

## **Informed Consent for Treatment Procedures, Alternatives, and Risks**

### **Acupuncture:**

Acupuncture is the insertion of needles through the skin to adjust the body's energy. The goal is to alleviate pain, provide relief from a variety of symptoms related to an illness, and support overall health and wellbeing. Side effects from acupuncture can include, but are not limited to: slight bruising, minor bleeding, pneumothorax, fainting, and possible aggravation of symptoms. If any side effects are felt, it is important to contact me at 678-450-1570.

I always encourage all patients to keep in contact with their Primary Care Physician during the course of a treatment. There are many other medical alternatives to acupuncture, which include treatment by Primary Care Providers.

### **Herbal Supplements:**

Chinese herbs are used as remedies to alleviate pain, provide relief from a variety of symptoms related to an illness, and support overall health and well-being. Side effects from herbs can include, but are not limited to: digestive complaints, headaches, and possible aggravation of symptoms. If any side effects are felt, you should discontinue the use of the herbs and call me to consult on the issue.

### **Chinese Bodywork and Cupping:**

I use a type of bodywork called Tui Na, Gua Sha and Fire Cupping. This type of body work is used to alleviate symptoms and to balance the body's energy. Side effects of cupping can include but are not limited to: bruising and soreness.

The treatment above has been explained to me, and I have had the opportunity to ask any questions I have regarding their application.

I understand that I may refuse any of these treatments and discontinue treatment at any time.

Patient Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

## **This Facility Protects Your Health Information and Privacy**

Dear Valued Patient,

This notice describes our office's policy for how medical information about you may be used and disclosed, how you can get access to this information, and how your privacy is being protected.

In order to maintain the level of service that you expect from my office, we may need to share limited personal medical and financial information with your insurance company, with Worker's Compensation (and your employer as well in this instance), or with other medical practitioners that you authorize.

Safeguards in place at our office include:

- Limited access to facilities where information is stored.
- Policies and procedures for handling information.
- Requirements for third parties to contractually comply with privacy laws.

Types of information that we gather and use:

In administering your health care, we gather and maintain information that may include non-public personal information.:

- About your financial transactions with us (billing transactions).
- From your medical history, treatment notes, all test results, and any letters, faxes, emails or telephone conversations to or from other health care practitioners.
- From health care providers, insurance companies, workman's comp and your employer, and other third part administrators (e.g. requests for medical records, claim payment information).

We value our relationship and respect your right to privacy. If you have questions about these privacy guidelines, please call us during regular business hours at (678) 450-1570

Sincerely,

Steven Collins, DAOM

The Spa on Green Street