

Mark current issues with a "C" and past issues with a "P".
 Include the date(s) of occurrence and diagnosing practitioner.

Integumentary

- _____ Rashes
- _____ Eczema
- _____ Psoriasis
- _____ Hives
- _____ Acne
- _____ Itching
- _____ Night sweats
- _____ Dryness
- _____ Change in moles
- _____ Change in color/texture
- _____ Hair loss
- _____ Skin cancer
- _____ Warts

Eyes

- _____ Near-sighted
- _____ Far-sighted
- _____ Night/color blindness
- _____ Eye pain
- _____ Glasses/contacts
- _____ Double vision
- _____ Blind spot
- _____ Cataracts
- _____ Glaucoma
- _____ Blurry vision
- _____ Dry eyes
- _____ Itchy eyes
- _____ Tearing
- _____ Red eyes
- _____ Discharge

Mouth/Throat

- _____ Frequent sore throat
- _____ Sore tongue/mouth
- _____ Gum problems
- _____ Grinding of teeth
- _____ Hoarseness
- _____ Dental fillings
- _____ Loss of taste
- _____ Trouble swallowing
- _____ Cold sores

Head

- _____ Headaches
- _____ Migraines
- _____ Dizziness
- _____ Trauma to head
- _____ Dandruff

Ears

- _____ Ringing
- _____ Impaired hearing
- _____ Earache/infections
- _____ Dizziness
- _____ Discharge
- _____ Wax build up
- _____ Itching
- _____ Tubes

Upper Respiratory

- _____ Frequent colds
- _____ Wheezing
- _____ Tonsillitis
- _____ Swollen neck glands
- _____ Sinus problems/infections
- _____ Nasal discharge
- _____ Post nasal drip
- _____ Seasonal allergies
- _____ Nose bleeds
- _____ Coughing
- _____ Sputum
- _____ Hoarseness
- _____ Wheezing
- _____ Asthma
- _____ Spitting up blood
- _____ Shortness of breath
- _____ Pain on breathing
- _____ Difficulty breathing
- _____ Bronchitis
- _____ Pneumonia
- _____ Tuberculosis

Gastrointestinal

- _____ Indigestion
- _____ Decrease in appetite
- _____ Increase in appetite
- _____ Increase in thirst
- _____ Food Allergies
- _____ Heart burn
- _____ Nausea
- _____ Vomiting
- _____ Excessive belching
- _____ Excessive flatulence
- _____ Bloating
- _____ Jaundice
- _____ Liver Disease
- _____ Gallbladder issues
- _____ Hernia
- _____ Ulcer
- _____ Irritable bowel syndrome
- _____ Crohn's disease
- _____ Colitis
- _____ Loose stools
- _____ Hard stools
- _____ Mucus in stool
- _____ Blood in stool
- _____ Black tarry stool
- _____ Yellow/pale stool
- _____ Greenish stool
- _____ Rectal bleeding
- _____ Hemorrhoids
- _____ Rectal fissures
- _____ Diverticulitis
- _____ Abdominal pain

Blood/Lymph

- _____ Anemia
- _____ Easy bruising
- _____ Easy bleeding
- _____ Past transfusion
- _____ Lymph node swelling
- _____ Blood disease
- _____ Blood type: _____

Cardiovascular

- _____ Rapid heartbeat
- _____ Heart disease
- _____ Angina
- _____ High blood pressure
- _____ High cholesterol
- _____ Heart murmur
- _____ Rheumatic fever
- _____ Chest pain
- _____ Palpitation/fluttering
- _____ Swollen ankles
- _____ Abnormal heart tests

Peripheral Vascular

- _____ Extremity swelling
- _____ Varicose veins
- _____ Extremity numbness
- _____ Deep leg pain
- _____ Extremity coldness
- _____ Extremity ulcers

Neurological

- _____ Fainting
- _____ Seizures/convulsions
- _____ Tingling/numbness
- _____ Involuntary movement
- _____ Loss of balance
- _____ Speech problems
- _____ Loss of memory
- _____ Paralysis

Endocrine

- _____ Thyroid disorder
- _____ Heat/cold intolerance
- _____ Excess sweating
- _____ Hypoglycemia
- _____ Chronic fatigue
- _____ Hormone therapy
- _____ Diabetes
- _____ Seasonal depression
- _____ Shift work disorder

Breasts

- _____ Lumps
- _____ Pain or tenderness
- _____ Nipple discharge
- _____ Breast implants
- _____ Regular self-exam

Musculoskeletal

- _____ Joint pain
- _____ Joint stiffness
- _____ Joint swelling
- _____ Osteoarthritis
- _____ Rheumatoid arthritis
- _____ Muscle cramps
- _____ Backache
- _____ Neck pain/stiffness
- _____ Flat feet/pain
- _____ Weakness
- _____ Sprained joints
- _____ Broken bones

Emotional

- _____ Angry
- _____ Anxiety
- _____ Argumentative
- _____ Bad temper
- _____ Depression
- _____ Fear
- _____ Grief
- _____ Insomnia
- _____ Irritable
- _____ Low patience
- _____ Low self-image
- _____ Mood swings
- _____ Nervousness
- _____ Panic attacks
- _____ Pessimism
- _____ Phobias
- _____ Suicidal thoughts
- _____ Worrier

Urinary

- _____ Frequent infections
- _____ Pain on urination
- _____ Burning on urination
- _____ Increased urination
- _____ Urination at night
- _____ Increased urgency
- _____ Incontinence/dribbling
- _____ Hesitancy
- _____ Strong urine odor
- _____ Cloudy urine
- _____ Blood in urine
- _____ Bed wetting
- _____ Kidney stones

Males

- _____ Prostate problems
- _____ Prostate surgery
- _____ Hernia
- _____ Testicular mass
- _____ Testicular pain
- _____ Discharge or sores
- _____ Venereal disease
- _____ Genital warts
- _____ Sexually active
- _____ Impotence
- _____ Premature ejaculation
- _____ Other sexual difficulties:

Women

- _____ Hysterectomy
- _____ Hormonal contraceptive
- _____ Irregular cycles
- _____ Bleeding between periods
- _____ Painful menses/cramps
- _____ Excessive flow
- _____ Fibroids
- _____ Ovarian cysts
- _____ Cervical dysplasia
- _____ Cervical/uterine cancer
- _____ Vaginal discharge
- _____ Vaginal itching
- _____ Vaginal dryness
- _____ Hot flashes
- _____ Night sweats
- _____ Difficulty conceiving
- _____ Miscarriage(s) _____
- _____ Birth(s) _____
- _____ Regular PAP smears
- _____ Painful intercourse
- _____ Venereal disease
- _____ Genital warts
- _____ Sexually active
- _____ Other sexual difficulties:

Other Concerns:
